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EPISODE 2

David Coles [00:00:00] All right. Good evening.

Dean Baker [00:00:02] We're back.

David Coles [00:00:04] We're back. Okay. Officially recording. Dean and I just watched the Greta Thunberg...

Dean Baker [00:00:12] Thunberg.

David Coles [00:00:16] What is it?

Dean Baker [00:00:17] Greta Thunberg.

David Coles [00:00:17] Thunberg. Her full speech to the world leaders at the UN climate action summit. I think the speech must have been on the twenty-third.

Dean Baker [00:00:22] That was a pretty rising speech. David, what did you think of it?

David Coles [00:00:26] Look it's good that anyone that can speak up and try and wake this world up a little bit is good and unfortunately, it's kind of absurd that it takes a young child who is obviously quite naive to the true reality of human existence and what we are

as a species. She might be naturally born nice human and maybe more considerate and apparently she's vegan, so she cares about animals, humans, the planet the whole thing, but she's probably quite naive to the truth of what we are as a species, and what she is within all that. It's sad to think that that's what it takes, a child to speak up to be heard and if an adult tried to say the same thing they'd be seen as stupid or off track if they were being that emotional or whatever.

Dean Baker [00:01:14] Over the top.

David Coles [00:01:15] Yeah, I think it's good if it shakes people up and gets them thinking. And she's right, it is sad that here she is, this has all been known of forever and nothing's happened. But what we need to now do is step back and go, 'All right this is where the next step we never seem to take is, alright I get it'. We're all stupid.

Dean Baker [00:01:34] We've fucked up.

David Coles [00:01:34] Well, we can't keep going to saying how dare you and blaming everybody because it's the entire species creating this collective reality that we're all living in. And everyone's functioning within the same framework of human functioning which creates the world we see, it's a bit like, what comes first? The DNA? Does the DNA create the culture that we see? So, when people say, 'oh well you can't say that to Chinese people or that to French people', but the only reason their culture is that way is because they are that way so I think we can identify what we see.

Dean Baker [00:02:10] It's who they are.

David Coles [00:02:11] Yeah.

David Coles [00:02:13] I don't know, what were we saying? I've completely lost track.

Dean Baker [00:02:15] Well, we were talking about the summit, we're talking about is UN Climate Change Summit where Greta Thunberg gets up and you were talking about, even though she's up there giving a riling speech, she's young and she doesn't truly understand what it takes to live in this world ... in the truth.

David Coles [00:02:33] Yeah, that's right. I was just going to say that we need to use that to set the stage to be saying, 'Right, now we need to look at the truth of our behavior as human beings', to see if we can come up with some explanation as to why this young girl isn't at school but instead having to tell us, adults, that we're not doing enough and that our behavior is inappropriate and unacceptable, and immoral, effectively, is what she's saying, and she's absolutely right. No lack of truth in that at all. But this is not about just getting governments to create new policies, that doesn't change the nature of the men

that are the leaders today. The bigger question needs to be asked is, 'Why is it like this? Why does she have to be saying to us what the hell are you all doing?' And we adults need to all look at each other and go, 'Yeah, what the hell are we all doing?'

Dean Baker [00:03:25] *laughs. Yes.

David Coles [00:03:25] Why aren't we responding? What is going on? And come up with some bigger answers, because we can't go on, that's right, I was saying we can't go on blaming other people all the time in other countries and cultures, that's what we've been doing forever. So, at the moment, this is a classic regurgitation of old techniques that have been used a million times before to sort of highlight injustice.

Dean Baker [00:03:47] To a certain level of effect but nothing real.

David Coles [00:03:50] Yeah well, it'll have some sort of immediate effect on the immediate problem but it doesn't seem to change the nature of how we function. It's the nature of how we function that's causing all the trouble on the planet. And that seems to be the area that everyone seems to avoid because to face that means we have to look at ourselves as individuals. And that's where it all falls apart, and I can tell you as someone that has put a lot of time and effort into helping other human beings see life more clearly, we are built not to see ourselves honestly. It seems to be part of the mechanisms of human existence that we are very savvy to everyone else but quite confused about who we are, because what that probably means is, we throw off a weird vibe so it's hard to read us in many ways, even though we think we're reading everyone else are we truly seeing what's going on?

Dean Baker [00:04:37] We don't really know what's going on inside someone's head.

David Coles [00:04:37] Yeah, I guess the picture I'm painting here is it's a lot messier and weirder than we seem to understand.

Dean Baker [00:04:42] Yeah.

David Coles [00:04:42] But, that's our stumbling block, even to admit that, for us as a species to stop and say we seem to be incapable of seeing ourselves honestly and stop defending this madness, when we know we're all walking around all messed up and insecure but being quite self-righteous and dominant about our opinions and beliefs as if they're coming from something strong and clear, when they're not. So look, it's good, I'm glad to hear that, good for this young girl for doing it. She looks genuinely unhappy to be doing it. There's a little bit of, classic - not having a go at her - but it did sound like a spoiled little girl, 'I want to be home, I want to be doing my thing, this is not fair'.

Dean Baker [00:05:29] Yeah.

David Coles [00:05:29] 'You're bad people', it's like come on stop. We can't all sit on this innocent seat anymore.

Dean Baker [00:05:34] And be the victim.

David Coles [00:05:36] No! This is the reality of life. She needs to grow up, and that's what's happening to her fast, and start talking from the truth that this is happening. No, she doesn't belong back in school she belongs here, cause she's the kind of kid with intelligence and the insight and the communication skills to say it, and whether she likes it or not, either do it or don't do it. But, she has the skills to do it that's why she's in the seat, not some other kid.

Dean Baker [00:06:02] Yep.

David Coles [00:06:04] And that's just what the world needs right now. And that's what we're not doing. Whether it be her or everyone, we've got to get real about what is happening on this planet. We need to get real about what we are in the midst of it all and what we're doing in facing all that. So, look it's good. She's just part of all the, I see it like the Earth is just flying up all these different formulas and combinations in response to life. So, it's in a reactive mode so everything's still in a very chemistry reactive space, so it's going to be interesting to see where this reactivity takes us. So, she's as a young kid reacted to the world and now we've reacted to her reactions... we've got to get out of this reactionary mode that we're in at some point and step back and have conversations that are calm, nonjudgmental, and non-reactionary. Where we don't jump to conclusions about things and we don't even know what we truly are yet, let alone jumping to conclusions about what we're doing. Who even says what we're doing is wrong. It might be that this is the natural progression of life, that this first journey needs to be burnt out to create the new one there is no healing this one. We don't know.

Dean Baker [00:07:16] *laughs. Yep.

David Coles [00:07:16] You know, that might be the way.

Dean Baker [00:07:18] Meaning that we're doomed, this current version of the human species is doomed?

David Coles [00:07:24] But in being doomed will force out something, but it might not mean rescuing the entire society or planet. It's hard to say.

Dean Baker [00:07:30] Right.

David Coles [00:07:31] But something new may emerge from it which may be the beginning of building a new world from scratch kind of thing. Who knows. Or whether we can move on from the one we've already built which is just ... the only problem is, it's rife with corruption.

Dean Baker [00:07:45] Well, the human mind is rife with corruption.

David Coles [00:07:47] Yeah, well that's right.

Dean Baker [00:07:47] Corrupt from the core.

David Coles [00:07:48] Yeah. So, the societies we live in are corrupt from the core. I hear what this girl is saying but the whole system is corrupt and everyone that's part of it is corrupt. It's not just the governments, the governments are that way because they're feeding off who and what we are. It's not like they made us be the way we are. No one's doing anything about it. Look the first step is I guess seeing the truth of it, bringing it forward and hopefully little girls like this at least get people talking more and thinking more and realizing that, this is weird that in 2019 that we are still talking like we don't really know what's going on. Like we don't know how to stop climate problems...

Dean Baker [00:08:31] *laughs. Yes.

David Coles [00:08:31] It's like, what do you mean? It's obvious what we have to do. But every individual doesn't want to give up their life, like this little girl, 'I want my life back. I want to go to school'. That's what everyone's like. That's the problem right there. So, in many ways, she's highlighted the problem, number one, of the global crisis we're in and she's pointing out that no one is doing anything about it. And in the midst of it all, showed that she's the same as everyone else which is the reason why we're in this mess because everyone cares too much about their own individual lives.

Dean Baker [00:08:59] And what they want.

David Coles [00:09:00] Yes. We're so obsessed with ourselves that we just don't look at the bigger picture.

Dean Baker [00:09:05] So when we're talking about the corruption of the human mind, we mentioned wanting. Is that the corruption of the human mind?

David Coles [00:09:12] Well, ultimately yes because it creates a narrow tunnel of vision. Everyone has this vision and objective of what they want life to be. Everyone does. And then it tends to become so narrow and the more we focus on it, the more work we put

into that vision, then obviously the more our integrity drops. Which is interesting isn't it? Even if we're heading towards a good idea or something that started with integrity, if we get too focused about it, too wanting about it, and therefore we have decided we're right and that's what life has to be or what we want it to be and of course we lose our integrity on the journey and then we get self-righteous and arrogant and all sorts of weird shit starts to happen. And also, in the midst of it, we get more fucked up and insecure because we get so pressured about having this outcome come to fruition. And if there's any sense as time goes on that it's not going to come to fruition we'll get anxious and insecure and depressed and unhappy.

Dean Baker [00:10:08] Yep.

David Coles [00:10:09] So at the moment, yes wanting is destroying the planet and that's why in many ways governments have their hands full just keeping us as a species under control, let alone tackling climate change. This child is not understanding the complexities of human existence and why we can't take this on.

Dean Baker [00:10:29] We're not ready.

David Coles [00:10:30] We're not ready. No, we're not capable. We don't even know how to talk to each other yet, we don't know how to just be emotionally honest and real. There's so much we haven't faced and learnt, let alone tackling this huge crisis. But if this crisis can bring to life just some truth, then we've got to forget that we're in crisis and stop seeing everything that's happening as wrong. It doesn't need a judgment for us to act on it. We don't need to see or even feel for animals being treated cruelly to know that it's ridiculous and inappropriate for us to keep behaving that way where we dominate abuse and murder other species and not call it murder. And we even kill other human beings and not call it murder when we put the word 'war' up above it.

Dean Baker [00:11:14] Yes.

David Coles [00:11:14] It's quite ludicrous the way we play games with life, but we got to stop playing those games, stop being all dramatic about it, stop being like, 'Oh my god the world's falling apart what are we going to do?' We just need to start going, 'Right, okay, all right this is intriguing, here we are, 2019, the world's falling apart, we've known that for a long time, we've done nothing about it, all right, that that's even more interesting.'

Dean Baker [00:11:33] We still continue to do nothing about it.

[00:11:33] Yeah and we all we do is fight and yell and scream and deny and blame and blah blah blah. So, let's all stop calmly and let's start talking to each other and you almost

need to take a break, like a little hiatus from current life. Somehow, if we could just get the basic systems in order - but it's probably not going to happen for the very reason of wanting - everyone is so greedy, if a whole bunch of people back off on being so system orientated so we can put effort into this, they're going to take advantage of it. It's a bit like, 'Ah, the cops aren't watching, let's go steal from the shops' kind of mentality. It's going to be very hard to bring this species together.

Dean Baker [00:12:15] Well yes. So, what's the first step?

David Coles [00:12:17] The first step is just to try and have this conversation, whether we as a species can admit that something is up and that we need to talk and we need to be having conversations with people who are possibly equipped to work this out. What is going on? Why do we behave the way we do? And is our behavior locked in? Are we locked literally in an unfolding program here? Or can we kind of jump ship from the human program before we crash? And that's what's going to be required for us to turn things around and fix this situation that we're in. Yeah look, it's not going to be easy but it's got to just start with a conversation, which is why kids like this, they're starting something. We can't expect her at her age to have all the answers or to understand human behavior at an intimate level because she hasn't been here long enough to get it. She wouldn't have experienced enough as an individual to truly understand what we are and what we're all about. Look, we're not even facing the fact that we all have this sick little twisted Gollum living inside us.

Dean Baker [00:13:20] What do you mean?

Dean Baker [00:13:22] Well, when I help people with their lives I have to get them to face that we might put on this outer surface as a human being that we're all okay, but there is a weird little creature living deep inside everybody, and that creature is not so sweet and nice. We have an ugly dark primitive self, a being, an entity, living deep at the core of who we are, and that's what leads to all the outer greed we see. So even though we walk around trying to make out we're all moral and have a certain level of decency and ...

Dean Baker [00:13:53] Respect and kindness for others ...

David Coles [00:13:57] Yeah, we put on a big talk about the human spirit and how wonderful we are right in the face of the fact that we - god knows how many animals we abuse and murder every day, let alone the way we just treat our pets, the way we treat each other, the way we treat even other humans that are even slightly disadvantaged or different.

Dean Baker [00:14:16] Yes, that's true.

David Coles [00:14:18] Look at kids at school, all you had to be was a little fat and not attractive in the construct point of view, and they would be abused and picked on instantaneously. We're not a nice species, we're dark and ugly. Why do you think we have so many laws and controls and why cops walk around with Taser guns and pepper sprays and we've got to keep each other terrified to behave ourselves? That's only because we have a dark evil entity still rolling around in the system. So, for us to evolve and live a sophisticated, intelligent aware life like this little girl was asking for, we've got a lot to face. From my experience so far, that seems to be the block, getting human beings just to face this. I get why they can barely cope with their individual lives. So how do you ask them to face the deeper realities of human existence? That's no easy task. Maybe it's going to take, this was what I'm saying, this maybe needs to happen. What we're watching here is, we're not watching the human species getting together to work out how to save the planet, we're watching them just one step at a time fall apart.

Dean Baker [00:15:25] *laughs.

Dean Baker [00:15:27] Because realistically I can't see how they're going to stop this. Just based on what I'm seeing and it might be that this is where I say we've got to stay calm, you don't want to jump to conclusions, but if that's the case, that's the case. We've got to roll with what is, but not leave ourselves limited to what we are seeing at the same time. We've been built with wonderful imaginations, it's time to use them now intelligently to look beyond what we're seeing because if we keep functioning within the realms of what we're seeing, which is what we're doing at the moment, it's not going to work, it's destined for failure. Hence why we have little kids basically telling our world leaders that they're a bunch of idiots and abusive fools and she's right. But it's not a good sign.

Dean Baker [00:16:13] No, it's not.

Dean Baker [00:16:18] Not, it's not. I'd rather that's not what I was seeing in many ways if you know what I mean.

Dean Baker [00:16:21] Yeah sure.

David Coles [00:16:23] But having said that, in the truth of it, this is it. So, where this unfolds we'll see. I guess what we can do now, because things are stirring up out there and we've managed to keep ourselves, you and I and anyone in our lives as individuals as separate from that program and system as much as we possibly can, and hence allowed ourselves to grow and learn without getting lost in all this that we're seeing, maybe through this podcast now we can re-enter the arena. It'll be interesting to see because we're going to be coming from a different place to everyone else, whether they can see that and feel that and find that truth within themselves and whether that could start a flow of discussion and learning that just by talking in a different way could be enough to create

some kind of shift where we don't all have to be counseled if you know what I mean, to work out our pain and how to shift it and then to behave better.

Dean Baker [00:17:20] So you're talking about a new language for life?

David Coles [00:17:24] That's right. Literally. And it's very subtle because someone could say, 'Well David, you're just using English words like anyone else', but I've noticed the nature of how I use them is very powerful and can make a big difference to how that affects people, like when I ran a radio show. I really think the key is just talking in an honest space and seeing where that takes us is the first step but we can't do that when we keep judging each other and condemning each other the first time honesty comes out that is against the existing ways of being or the existing laws or whatever the case may be. Or seen as immoral. Let's get over that because the whole thing is immoral, the whole thing is fucked up so we don't want to jump on an individual for standing up and saying, 'Look this is how I feel right now', you know. 'All right. Can I be real? I have sick thoughts all the time, I have perverted sexual thoughts ...

Dean Baker [00:18:19] *laughs

David Coles [00:18:20] ... I think about killing people ...' and this is someone that works in a normal job that everyone would think is a nice person potentially that's caused no trouble and broken no laws.

Dean Baker [00:18:31] But has some weird stuff going on inside their head.

David Coles [00:18:32] Yeah. And I can tell you from helping people, I always dig for that because I know it's in there. And when someone admits to me and gets out all that twisted shit then I start seeing true health and growth happening.

Dean Baker [00:18:45] Right, so getting honest about your shit ...

David Coles [00:18:46] Really honest though ...

Dean Baker [00:18:46] ... is the first step to healing, but to be really honest about your shit requires quite a lot of effort.

David Coles [00:18:46] Yeah, it's a bit like, let's just say, let's use an example, now I grab this little girl and say, 'Hey great speech', right. She had a look like she doesn't want us to make a big deal about it or put all the attention on her in a, 'Wow, well done little girl'. So, imagine if I could create a magical world and I could now talk to her and while talking to her sit down and say, 'Right, forget what's going on in the world, you open up to me now tell me the truth of what goes on in your head.' Let's not be all perfect here, because

no one is, even good kids have weird thoughts and we've got to get real about that weirdness - to me is the key. So, what I'm saying is that level of honesty has to be applied to everybody.

Dean Baker [00:19:50] Well look I must say I do enjoy listening to you speak David. I hope there are some other listeners out there that do because it's gold. It's very good stuff.

David Coles [00:20:01] Well, all I've done my whole life really ... I haven't really achieved much in many ways as far as the system's concerned; I didn't do that well at school, didn't have much interest in education, didn't really give myself to any job that I came across because none of it felt right. But what I did do, I lived a life of honesty and that honesty applied to what I was seeing in other human beings rather than seeing them for what I wanted them to be or wished they were or looking for something in them - I didn't look for anything, I just looked at what they were. And I did the same thing to myself and I didn't put myself on some sort of pedestal. I was like, 'Okay, well I'm a human being and what lives inside me'? And I found honesty means you live a life of integrity. So, in an honest state, you don't do bad things even if you feel the forces of that, that could drag you down an inappropriate pathway.

Dean Baker [00:20:56] Right.

David Coles [00:20:56] You have to be dishonest to behave with a lack of integrity. The two go hand in hand. You live an honest life, you live a life of integrity, doesn't mean you're a pussy or weak or whatever, you just will be strong and real. This includes ending up being a vegan. The only reason I'm vegan or eat a plant-based diet is because I've lived an honest life. It had to take me there eventually. Honesty takes you out of the shit, it just does.

Dean Baker [00:21:25] So why is non-vegan in the shit?

David Coles [00:21:26] Well, that goes back to the core root of why they live in a state of dishonesty full stop. And that's what we're not exploring and investigating and that's the fact that fear is that the force that runs human thought at the moment. I mean look, let me just explain it clearly, the human brain functions two completely different ways, when fear is the guidance system then that creates this deceptive lying manipulative state of being that we all currently live in. And if anyone listening is completely honest, they're constantly manipulating their thoughts, thinking about what they're going to say, how they should say it to people, should I tell them that, manipulating, slightly bending the truth, and yet making out they're not doing that. So, the whole thing is one permanent edited manipulated thing.

Dean Baker [00:22:11] Yep.

[00:22:12] So we've got to cut down to that. But the interesting thing, and that's what I've been exploring with people, is there another way? And it's not about fixing that one, you've got to teach people how not to think in a fear-based way. So, when I teach people to not want, and not have outcomes, and not control life, and not try and problem-solve their way to success, which is our default mode, then all of sudden fear has no home and they function completely differently and then everything they do is an honest journey of integrity. And if they're not and they slip back into old ways, they recognize it because they're in an honest space, so they're honest about their mishaps and whatever may happen. So, there's a constant process of growth that happens but it takes a lot to get people on that different trajectory.

David Coles [00:22:55] That is just my dogs eating in the background making a hell of a noise.

Dean Baker [00:22:58] I wondered what that was.

David Coles [00:23:00] Just crunching away, they won't be long.

Dean Baker [00:23:01] Well, I hope they're enjoying themselves.

David Coles [00:23:02] Yeah, they're enjoying themselves, they're vegan dogs and one of them is ten years old and looks about two years old and ...

Dean Baker [00:23:08] I had a vegan dog that lived to 18...

David Coles [00:23:09] Yeah.

Dean Baker [00:23:09] Well, he wasn't vegan his whole life. I got him when he was 11 but he went vegan at 11 and he lived for another seven years.

David Coles [00:23:16] Yeah. Anyway, maybe that's time to call it quits.

Dean Baker [00:23:21] Yeah.

David Coles [00:23:22] I think we've discussed that topic enough. I mean this is an ongoing discussion obviously, there's no end to it as such. Hopefully, humanity will open up their ability to communicate with each other and keep this going forever. There's no need for this to ever stop because I don't think there's any limit to growth within the human potential of what we can be. I think the human mind has no limits. We as an entity within that is where the purity comes from, like the 'us' part, but the core root of the human brain with fear in it is a very primitive survival machine. But unleashed into a state

of more open consciousness than the human mind's potential is extraordinary. It has no end to it and all we have to do is talk in an open expansive honest way and away we go. So that's what we're going to keep doing and it doesn't matter where we head I think; if we fumble around, make mistakes, dogs eat in the background, I think it's very important we don't edit any of this and go against the flow of life in a sense which is a very edited thing we're seeing at the moment, at least the way humans interpret it. But life doesn't need editing and that's what hopefully we can be part of is just sort of balancing out this situation, in a place where people can explore in an environment where they don't have to second guess and try and make sense of what they're hearing or what are they up to, or what do they want? What are their objectives? Where are they heading with it? As opposed to us just talking openly and honestly about the reality of life as it currently stands and that's it. We're not saying what it should be, where it's heading. I don't mind giving suggestions but I'm not saying that my suggestions are what we should do either. What I honestly feel is let's just talk and see what happens. That's a suggestion, people either take to or they don't but let's give it a go. It's a very simple, non-invasive resource - it's not resource-heavy. It doesn't take a lot of energy or effort to do such a thing. We don't need huge amounts of machinery to talk to each other. Maybe just a bit of technical equipment to take advantage of this digital new-age Internet era to accelerate communication and conversation with each other. Which is what we're doing right here right now. I'd rather not be doing this, I wish it wasn't necessary either, just like that little girl. I wish I lived in a world where effectively we're just all communicating to each other face to face, and life was real and we're all honest, but that's not the case and hence here we are having this conversation, as did that little girl. And let's see where we go from there. All right Dean.

Dean Baker [00:26:11] Thank you.

David Coles [00:26:12] Thanks for calling again at this late hour.

Dean Baker [00:26:14] That was a good chat.

David Coles [00:26:14] Yep. All right. We'll reconvene tomorrow.

Dean Baker [00:26:18] Tomorrow. See ya.